

TED^xLihue

x = independently organized TED event

THE POWER OF POSITIVE THINKING

NOVEMBER 20, 2022

4:00PM - 7:00PM

VENUE: EYES WIDE OPEN PRODUCTIONS THEATER 3285 WAAPA RD, LIHUE, HI 96766

TEDxLihue.com | TEDxLihue@gmail.com





*The Garden Island Newspaper &
The Zonta Club of Kaua'i Foundation Presents...*

Christmas Fund 2022



The annual partnership
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KA MANA IKE

PUNA KALAMA DAWSON

Kumu Hula Hawaiian Cultural Practitioner

Keikilaniwahinealiiopuna (Puna) lives on Kaua'i, Hawaii. As record keeper of Hawaiian culture and history, she is an internationally honored elder of the Hawaiian islands. Her family-roots take her far back in time. Her direct ancestors are found in the royal family of the time of the Hawaiian kingdom, as well as in the lineages of the hula masters (kahula), the lua masters (kalua) and the seers (kahuna). Puna travels in the footprints of her ancestors (amongst other destinations) to Europe to strengthen the cultural bridges and to support world peace.



THE POWER OF ALOHA

SABRA KAUKA

Kumu

Celebrated as one of the most influential na wahine alakai (women leaders) of Kaua'i, Sabra Kauka shares her passion for Hawaiian culture by educating youth and adults alike. As the daughter of an army officer and then as the wife of an air force pilot, Kauka experienced many different cultures living around the world. She was a photojournalist in Alaska when the calling of her Native Hawaiian community brought her home. Her knowledge and care for the environment and perpetuation of Native Hawaiian traditions made her a respected cultural leader of the community. She serves as kumu of Hawaiian studies and hula at Island School and as the coordinator of Hawaiian Studies on Kaua'i for the Department of Education. In this position she supports all the Hawaiian Studies Kumu from Hanalei to Kekaha. She is a team member of the Kulia i Ka Nuu Project at the University of Hawaii at Manoa and Kumu Kapa on Kaua'i. Kumu Sabra she has taught hundreds of students.



SYSTEMS THAT MAKE SENSE - WAI OLA (WATER OF LIFE SPRINGS)

MAHINANANI LAUGHLIN

Soul Explorer

Mahinanani Laughlin was born on Oahu and moved to Kaua'i when she was one year-old with her mother who is from Detroit. She has an ancient black lineage from the Congo from her maternal side. Her father comes from a long line of Hawaiian and filipino kahunas. Taught at a very young age how to connect to the elements, mostly the ocean and how to read the tides, the winds and the spiritual guardians of our beautiful world. Being a mother is of central importance to Mahinanani, a daughter a sister, a friend and most recently a grandmother. Her soul mission in this lifetime is to help humanity connect back with our Mother Earth. To remember that every step and every breath is part of the ceremony that we are privileged and honored to participate in together.



DESTIGMATIZING THE ACT OF BEING YOURSELF

PATRICIA WISTINGHAUSEN

Speaker & Social Entrepreneur

Patricia Wistinghausen is a Speaker and Social Entrepreneur from the beautiful island of Kaua'i in Hawai'i. For the past 9 years, Patricia has been a volunteer and active member of the Prevent Suicide Kaua'i Task Force, currently serves as Co-Chair, and has helped organize and host dozens of suicide prevention activities and trainings for Hawai'i. She's also a lifelong advocate for empowering women and girls, and was appointed to serve as Associate Director on the National Association of Commissions for Women's board.



**EATING DISORDERS
AND FEMALE ATHLETES
- RE-CALIBRATING OUR
THOUGHTS ON OUR BODIES**

AMANDA BLACKWELL
Writer

As a former competitive figure skater, I dealt with a lot of pressure when it came to my body and having to look a certain way and “fit the mold” of the ideal physique to be successful. During my own recovery, a change in my thinking has been the most effective way of being at peace with my body. By changing my thoughts about my body and what it looks like and alchemizing this belief system and changing my thinking into what it can do, has been the biggest tool for self-acceptance.

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MULTIMEDIA OUTREACH

empower • educate • inspire

EWO MULTIMEDIA PROJECT was granted 501 (c) (3) non-profit status in 2020. Our mission is to use all aspects of the arts to empower, educate, and inspire people of all ages and backgrounds. This project aims to develop a multimedia art education center where the local community can experience all aspects of the arts.

These aspects include dance, theatre, music, film, performance, exhibitions.

The center will offer a variety of Youth, Educational, Training, and Development programs and Wellness Programs.

This unique and special venue is located right in the heart of Lihue, adjacent to Nawiliwili Park, with ocean and mountain views.

There are already on-site facilities for film, music, and video production and a multipurpose theater for dance, fitness, and live performances.

808.431.4711

info@ewopmultimediaoutreach.org



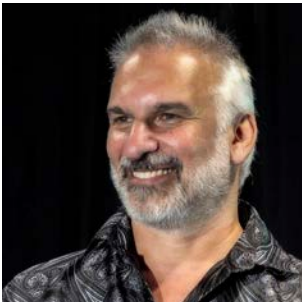


BRINGING INTENTIONAL JOY INTO LIFE

KASEY BALTZ

Travel Journalist

Kasey Baltz is a freelance Travel Journalist and co-owner & founder of Deep Blue Eco-Tours. Kasey has been featured in Hawai'i Magazine and a featured TV Guest Host on Da Best Hawai'i. Kasey interviews and films unique experiences, adventure, and storytelling on her brand Compass Travelers. Kasey is passionate about storytelling and inspiring people to follow their joy and intuition or "inner compass". Kasey grew up on Cape Cod, Massachusetts and pushed herself to take the jump and follow her passions. She is a motivational speaker and environmental and social justice advocate living on Oahu.



HOW TO ELIMINATE SELF-DOUBT AND UNLOCK YOUR FULL POTENTIAL

CARY VALENTINE

Mental Game Coach, Author

Cary Valentine's Champion Your Inner Game peak performance training has helped many business leaders, professionals, athletes and individuals who used his system to quickly transform fears, doubts and worries permanently, creating more confidence, success, pleasure and joy. Cary is a best-selling, award-winning author, certified mental game and relationship coach, experienced motivational speaker and audiobook narrator. He's been featured on ABC, CBS & PBS Networks. You can reach Cary at ChampionYIG.com or hear his narrated audiobooks among them is *Kobe: Life Lessons From A Legend* & *The Complete Works of Florence Scovel Shinn*.



SPLASH AND FIND THE FUN

RACHEL SECRETARIO

Finance Educator, Teacher, Comedian

Professionally, Rachel has served as the spokesperson for Commercial Recycling in Honolulu, worked in event planning and marketing roles for the Boy Scouts of America, and has planned seminars and collaborated with attorneys nationwide for National Business Institute. She has taught 3's Pre-school and currently teaches art at Kapa'a Elementary School. At Secretario Financial, LLC she is a Licensed Agent in Hawai'i, California, Colorado, and Iowa. Rachel is currently the PTA President for Kapa'a Elementary School, she teaches stand-up comedy to youth ages 5-15 and is a professional MC and Stand-up Comedian.



HOW PAC-MAN CAN CONQUER CANCER

ELISA AUDO-BELIOV, PH.D

Joyologist

Dr. Audo-Beliov describes herself as a joyologist because she is focused on helping people live healthier, more joyful lives, particularly those navigating cancer. After graduating with a BA from the University of California, Santa Cruz, her passion for creating peace led her to join the Peace Corps where she served as a health extension volunteer in Honduras. Several years later she received her MA from the United Nation's Mandated University for Peace in Costa Rica. Inspired by our ability to heal and progress, she earned a Ph.D. in Transformative Studies at the California Institute of Integral Studies. After being diagnosed with cancer in her early 40s, she became a certified holistic wellness coach and cancer coach. She feels blessed to live on Kaua'i with her family and labradoodle.

NOVEMBER 20, 2022



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HOW I ARRIVED AT NU'ULOPA

MERYL ABRAMS
Educator

Meryl Abrams has a BA and MS from the University of Michigan, and has taught high school science for many years. Her real love has been raising and homeschooling her four children, ages 29, 26, 23 and 18, for their entire primary and secondary education. She loves to swim, hike, and garden. She loves to travel when she can. Meryl is also teaching yoga currently at the Westin Princeville.

HAU'OLI LANUI

Happy Holidays from the Kekahu Foundation and KKCR, Kaua'i Community Radio's staff, volunteers and board of directors. We wish you and your 'ohana a joy filled holiday season.

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THE SUPERPOWER OF SCIENCE

BRITJNI FRIDLANDER
Educator, Children's Book Author

Brittjni has her Bachelor's of Science in Education degree with distinction from Chaminda University of Honolulu. In 2022, Brittjni was accepted as a Fulbright Hays Fellow from the US Department of Education and was able to travel to the Philippines for two months to create lesson plans regarding sustainability. As an advocate for science and sustainability, Brittjni has also written a children's book focusing on S.T.E.A.M. education.



HOW POSITIVE MUSIC VIBRATIONS MAKE US FEEL GOOD

KOKO KANEALI'I
Musician/Actor

Koko Kaneali'i discovered his love of entertaining when he was in kindergarten, and it continues today for the singer-actor-impresario. Today the musician and actor is an entertainment jack-of-all-trades on Kaua'i. He's not only been in films such as *The Descendants* and *Honeymoon in Vegas*, but has played onstage with household names such as Don Ho. When he's not behind the camera or serenading audiences at Tahiti Nui, he's bringing musical talent to the island with his company Kanak Attack Entertainment.



HOW TO HEAL FOR REAL!

BRITT IVY

Speaker/Author

Britt Ivy is an author, speaker, and coach who is passionate about women's health, wellness and success. Britt worked with CNN News Radio in Silicon Valley and then CBS Television before launching her own TV talk show, which she hosted and produced for 15 years, having the honor of interviewing actors, authors and influencers in all walks of life. She now coaches women to achieve physical, mental and spiritual well-being. Britt is passionate about philanthropy, including her involvement in establishing community supply programs supporting women in need. The power of God and positivity guide Britt's life as she works to offer hope to the brokenhearted.



HOW TO CREATE MONEY MIRACLES!

JOEL SALOMON

Master Prosperity Coach

Joel is an award-winning speaker and frequent podcast guest. He has led over 20 workshops teaching the concepts of how to overcome limiting beliefs. He appeared on TV with CEO Money and Between the Covers. He has also been a guest on more than 50 podcasts including TalkRadio NYC, Westchester Talk Radio, VoiceAmerica, Redesigning Your Life with Sabrina Soto, Going Solo, Smashing The Plateau, the Award-Winning Nice Guys Podcast. Joel has also been quoted in the Wall Street Journal, Newsday, U.S. News and World Report, and interviewed in Forbes and on Bloomberg Radio. In 2012, he achieved a decades-long dream with the launch of his own hedge fund, SaLaurMor Capital (named after his two daughters, Lauren and Morgan).

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TEDxLIHUE ORGANIZER

JENNIFER SCHWARTZ BELL-GREY

Dance Teacher/Choreographer/Performer

For the last twenty years, Jennifer has been teaching, directing and choreographing dance on Kaua'i. She is a Royal Ballet School graduate who holds a teaching degree from the Royal Academy of Dancing. As a performer she was awarded People's Choice award for best dancer in 2006. She has performed as a guest soloist twice with Ballet Hawaii in the Nutcracker at the Kaua'i Community College Performing Arts Center in 1998 & 1999. Jennifer has spoken on Hawai'i public radio about fusing of dance with a new way of showcasing traditional ballet.

SARAH HERRING

Writer/Editor

Originally from northern BC, a teacher, a mom of two and cultivator of water lilies, Sarah loves to empower the next generation of learners, share her passion for collaboration, and facilitate 'conversations that matter'. She truly believes that if we learn how to work together, we can solve many of the world's complex problems. You can read her water gardening blog at gardenpondsKaua'i.com

ANNE EULALIO

Food

Anne is a gymnastics coach. When she's not at the Gym she uses her knowledge of essential oils to help people feel better. Listening to people, giving encouragement sharing her essential oils are things that make Anne happy. She also enjoys eating, cooking, and feeding people.

JENN VEECK

Tickets

Jenn is a HIDOE teacher for Kapa'a Elementary. She currently serves as the school's Title 1/Curriculum/RTI Coordinator. Over the years she has served as a Girl Scout Leader and is currently serving as a Booster Club board member. She and her husband have two wonderful children; one grown and one in middle school. Together enjoy spending time at the beach and having get-togethers with their extended family and friends.

KRISTINA ROLLINS

Door

Kristina is a multi-media artist, writer and educator, who received a Bachelor of Fine Arts with distinction from the University of Montana. She is passionate about connecting with others through the practice of art making, and believes art has the ability to uplift and empower individuals by instilling confidence and providing a deeper understanding to one's self. Rollins recently founded GoKaua'iArt, offering art camps for kids during school breaks, art themed parties and private lessons for all ages. She teaches art in a private school setting on the North Shore of Kaua'i.

BHAVANA CHAWLA

Door

Bhavana is an Intuitive Healer & Cook. She assists people to heal & live their best life. She teaches cooking classes & caters her unique Indian cuisine with local farm ingredients, infused with healing energy. Bhavana is grateful to live on beautiful Kaua'i with her playful rescue kitties Raja, Angelina & Zino. IG @bhavana.intuitivehealer awakentoyourlight.com



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The Rotary Club of Hanalei Bay is proud to sponsor TEDxLihue, benefiting Kaua'i, Hawai'i and sharing the Power of Positive Thinking in action of aloha throughout the world.



HanaleiRotary.org